

**Service User Name** 

Service User D.O.B.

Billy Doyle

16.08.2022

## Daily Log

Day			
Wednesday			
Date			
05/04/2023			
Day	Wednesday	Date	05/04/2023
Staff coming off			
duty			
Staff coming on duty			
	Su	mmary	
Awoke	Got	Went to	Settle
	Up	Bed	d



### Synopsis of the Day

Utilise the body of the log to capture the SU routine. Divide the log to represent different sections of the day:

#### Morning:

SU awoke independently at 7:30am and was supported by staff to engage in their morning routine, this worked well.

SU engaged in sensory play whilst staff prepared breakfast, SU ate well, following this staff utilised SU visual planner to go through the plan for the day.

#### Midday:

SU went to town with staff AA and BB to spend their pocket money and help with the grocery shopping. SU became overstimulated in Tesco and began displaying challenging behaviour, staff utilised a low arousal approach and reassurance which worked well (See incident report AIRF\_SU\_001). Tesco was busier than expected as it is the school holidays.

All returned to the Centre following de-escalation, SU was supported to regulate using movement and completed laps around the garden.

Following this staff utilised the visual planner to go through the plan for the evening. SU engaged in gaming whilst staff put away the shopping, commenced paperwork etc.

#### Evening:

SU ate well and received evening meds following dinner. SU engaged in IWR with staff on 'Independence with showering/ personal hygiene', (See IWR) a new Task Analysis has been completed to support SU with independence in the shower (see TA).

SU engaged in some waterplay in the evening before taking night-times meds and engaging in the night-time routine.

SU engaged well in the night-time routine and appeared to enjoy having 1:1 time whilst the second staff engaged in domestic duties.

SU appeared ot be sleeping by 22:00hrs.



### **Additional Reports Completed**

Contact Forms	Keyworking	Risk Assessments	Incident Report Forms
	IWR completed for showering, a new task analysis has been completed and will commence from today.		AIRF_SU_001  Overstimulation in Tesco

NUTRITIONAL INTAKE				
	Time	Content	Eaten/Refused	
Breakfast		Cereal		
Lunch		Packed lunch ham sandwich, apple, crisps and a bottle of water		
Dinner		Spag bol with garlic bread		
Snacks				



	Toast, crisps, tea, and biscuits.	
Fluids		

			Toileting	
Time	Continen t Y/N	Incontinent Y/N	Type (As per Bristol Chart)	Any Actions Required
08:00	yes	no	Not required as resident has independence	
	no	no		
	no	no		
	no	no		



no	no	

	Incidents or New Risks Identified			
Incident or New Risk Identified	Description	Immediate Action Taken	Additional Action Required	

N	Л	Δ	A	i	ca	+i	_	r



Time	Medication Administered Y/N	PRN/ Regular	Any Actions Required
18:00	Υ		
21.30	Υ		

### **Actions Required to be Completed**

Task analysis to be reviewed by all and implemented on shower days.

### **Staff Reflection**

Utilising 1:1 time worked well with allowing for staff breaks and the completion of paperwork etc.

Tesco was very busy at shopping time due to summer holidays



#### Service User's Voice

SU advised that they did not like how busy Tesco was, SU advised that they would like to be able to complete all of their shower steps independently.

Log completed and signed by	

### **PIC/Centre Management Review/Comments**

Centre Management to utilise this section to demonstrate oversight.

Capture what worked well in terms of how it links to the current guidelines, e.g. staff did well provide SU with structure and predictability as per guidelines.

Staff utilised low arousal and re-direction well with managing the incident in the community.

Staff supported SU well throughout the day and empowered independence where possible. Sensory integration was incorporated well into the daily plan.

It would be beneficial to complete a Risk Assessment to reflect the change in community environments during the school holidays, risk management might include a change in shopping time/ utilising stores Autism friendly hours — to be completed by staff on shift today and sent to Centre Manager following same.